

## Eighteenth Sunday of Ordinary Time, Year B Staff Reflection

**Gospel:** Jn 6:24-35

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered: 'I tell you most solemnly, you are not looking for me because you have seen the signs but because you had all the bread you wanted to eat. Do not work for food that cannot last, but work for food that endures to eternal life, the kind of food the Son of Man is offering you, for on him the Father, God himself, has set his seal.' Then they said to him, 'What must we do if we are to do the works that God wants?' Jesus gave them this answer, 'This is working for God: you must believe in the one he has sent.' So they said, 'What sign will you give to show us that we should believe in you? What work will you do? Our fathers had manna to eat in the desert; as scripture says: He gave them bread from heaven to eat.' Jesus answered: 'I tell you most solemnly, it was not Moses who gave you bread from heaven, it is my Father who gives you the bread from heaven, the true bread; for the bread of God is that which comes down from heaven and gives life to the world.' 'Sir,' they said 'give us that bread always.' Jesus answered: 'I am the bread of life. He who comes to me will never be hungry; he who believes in me will never thirst.'

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**Gospel Reflection**

This week's gospel reading continues the exploration of John Ch 6 that began last week. Today's passage begins the extended discourse on the 'Bread of Life' image that runs throughout this chapter. Last week's reading finished with Jesus virtually fleeing the scene when the crowd wanted to make him king. At the start of today's reading, the crowd has caught up with him again and appears to be looking for a repeat performance of the miraculous feeding. Jesus accuses them of simply wanting more food and not being alert to the truth of the sign they had witnessed. The crowd asks what they must do to accomplish the works of God and Jesus answers fairly bluntly, Believe in me!

In response, the people demand a sign from Jesus: produce manna from heaven as Moses did during the Exodus. In fact, manna from heaven is one of the signs of the coming of the Messiah that is foretold by the prophets. So, in their own way, the people are asking Jesus to demonstrate to them that he is the Messiah. Jesus, however, explains that it was not Moses who produced the manna, but God. In Jesus, God has already produced the sign – the Bread sent down from heaven. There is no need for Jesus to produce such a sign; the sign has already been produced by God. It is up to the people – and us – to recognise God's gift of life-sustaining nourishment that is Jesus. In the Eucharist, we continue to celebrate Jesus as the Bread of Life – the sustaining gift of God that 'gives life to the world'.

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For reflection / discussion

- What is your understanding of Jesus describing himself as the Bread of Life?
- In what ways does the Eucharist provide us with nourishment or food for our lives?
- How are you / can you be 'bread' for others?